

HOW TO PERFORM UMRAH

- 1) Have firm intention in the heart
- 2) Enter into Ihram at Meeqaat
- 3) Start reciting Talbiyah at Meeqat (See Below)**See Talbiyah below**
- 4) Enter into Makkah
- 5)** Circumulate the Kaa'bah seven times (Tawaaf).....[See Tawaaf picture below]
- 6)** During each round between the Yemini corner and the Black Stone you must Recite:-
"Rabbana Atina Fid Dunya Hasanatan, Wa Fil Akhirati Hasanatan, Wa-ki-na Azaban Naar".
- 7) Pray two rakaats behind "Makaam Ibrahim" or anywhere inside the Mosque if the area by "Makaam Ibrahim" is crowded. "**Makaam Ibrahim**" is a small brass dome-shaped object located in front of the Ka'aba door.
- 8) After the two rak'aat, drink Zam Zam water and pour it over the head. If you cannot get to the Zam Zam water, no problem with that.
- 9) Proceed to do Say'ee starting at Mount Safa. Walk seven times between Safa and Marwah Safwah to Marwah is considered as one...then Marwah to Safwah is another and so on. The Say'ee starts at Safwah and ends at Marwah.
- 10) After seven times between Safwah and Marwah, cut or shave your head....."Cutting the hair or shaving the head" completes the Umrah.

For the woman, she must cut a piece of her hair like the length of her finger-tip.

Talbiyah:-

Labaik Allah-hummah Labaik, Labbaik La Shareeka Labaik,

In-nal Hamda Wal Ni'amata Laka Wal Mulk, La Shareeka Lak.....

The Talbiyah starts at Meeqaat and ends when the Pilgrim reach Makkah.

Say'ee

The prophet (Salal Laahu alayhi Wa Sallam) will start **Say'ee** by climbing upon it (Mount Safa) until he can see the Ka'bah. If you cannot see the Ka'aba, turn your face towards it.

Then he faces the Ka'bah - and makes Tawhid of Allah and Takbir, saying: Allahu akbar allahu akbar allahu akbar - laa illaha illallahu, wahdahu laa sharikalahu - la hul mul ku wa la hul hamdu - yuhiu wa yumitu, wa huwa `ala kulli shai'in Qadeer - laa ilaha illallahu, wahdahu laa shareekalahu - anjaza wa'dahu wa nasara `abdahu wa hazamal ahzaba wahdahu

Saying that three times and making du'a after each time.

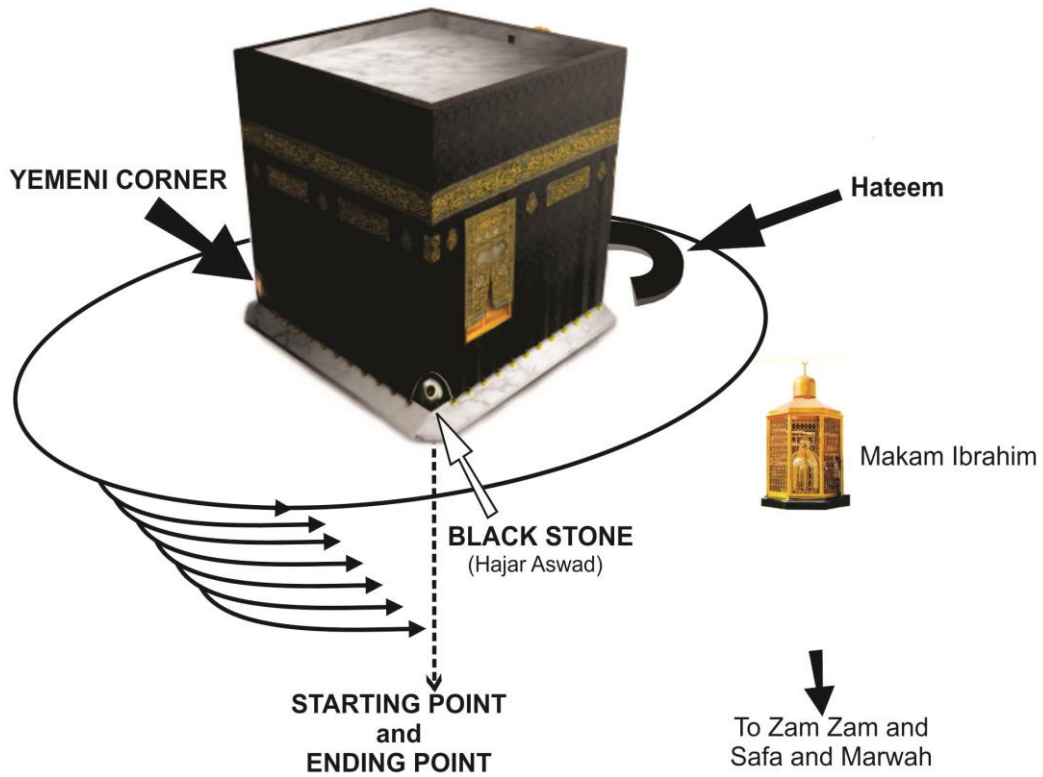


DIAGRAM ABOVE SHOWS SEQUENCE OF TAWAAF

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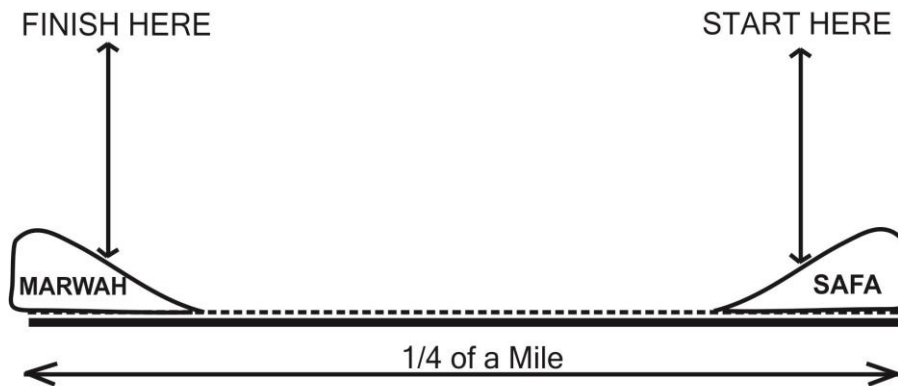


DIAGRAM ABOVE SHOWS SEQUENCE OF SAY'EE

